



Southville International School and Colleges STUDENTS AND PARENTS' BULLETIN

No. 9 A.Y. 2024 - 2025

October 30, 2024



Volleybelles win 6th ISAC championship in a row



The SISC girls volleyball team brought home the crown from Season 1 of the **International Schools Activities Conference (ISAC)** held recently at Cebu International School. This is the **sixth consecutive year** that the team has **won the championship** after beating British School Manila in the finals.

The SISC boys volleyball team, on the other hand, clinched **second place** after losing a 3-set thriller to the defending champions Brent International School - Subic. Leading up to the finals, the boys volleyball team was undefeated in the tournament featuring the **top international schools** in the country.

Vision

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



Mission

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.

SISC Principal joins WASC accreditation team



Marie Vic F. Suarez, Ph.D.
K12 and IB Principal

Southville International School and Colleges (SISC) Principal, Dr. Marie Vic F. Suarez, has been chosen as a member of the **Western Association of Schools and Colleges (WASC) Visiting Committee** that will conduct an accreditation review of **Singapore International School** in Vietnam from **Oct. 26 to Nov. 1, 2024.**

With over 20 years in the **field of education**, including serving as the principal of SISC since 2010, Dr. Suarez brings **significant experience** as an international school administrator who has dedicated her career to **fostering academic excellence.** She has extensive experience in WASC accreditation, having led the school's accreditation processes and cycles of formal reviews.

Young Monarch Shines at Swimming Tournament

A **Grade 3 student** secured several podium finishes at the recent **Friendship Swim Race** held at the Muntinlupa Aquatic Center in Barangay Tunasan, Muntinlupa City. **Joshua Brakmore-Canterbury** of Grade 3 – Courtesy clinched **Rank 2** in the C-Division 50m Freestyle, and **Rank 3** in the B-Division 50m Butterfly, 100m Breaststroke, and B-Division 100m Freestyle to demonstrate his swimming prowess.



Schedule of Mid-Term Break set



The **Mid-Term Break** for students will be from **October 31 to November 4, 2024**, providing a time to rest and recharge while commemorating All Saints' Day and All Souls' Day. Classes will resume on **November 5, 2024.** Preschool to Grade 6 will participate in the **Wandering Minds event**, while Grades 7 to 12 will follow their regular class schedule. Please note that there will be no VOLT or online classes for Munich on this day.

VAT Program: A Class for Exceptional Students

The **VAT (Vision and Tasks) Program** started last October 1, 2024 with vibrant class sessions setting the tone for an exciting year of **learning and development**. The program is designed to provide exceptional students with unique opportunities to **enhance their skills and talents** within a **positive and engaging learning environment**.

The class sessions provided a **comprehensive overview** of the program, outlining its goals and structure. Participants were introduced to the importance of the **GEM (Growing The Extra Mile) Project** and how the VAT program would contribute to their growth. Key highlights included fostering a supportive learning environment, showcasing student talents, and encouraging active participation in various activities. The class also emphasized the **importance of open communication** between VAT moderators and students, as well as the **role of parental support** in student success.

With a focus on creative showcases, and other enriching experiences, the VAT program aims to provide students with the **tools and opportunities** to reach their full potential. We are excited to witness the **growth and achievements** of our VAT students and look forward to a successful year ahead.



MONARCHS MOMENTS



STAR and Munich Campus *Science, Technology, Engineering, Arts and Mathematics (STEAM) Week*



STAR and Munich students enjoyed an exciting day of hands-on exploration with a variety of engaging STEAM activities prepared just for them!

MONARCHS MOMENTS



Luxembourg Campus

Intramurals Kickoff: A Day of Unity, Spirit, and Fun!



Our first day of Intramurals was a huge success! Watching our students cheer each other on, compete with passion, and bond as a community filled our hearts with joy. We're so proud of our Monarchs! They may not have won every game, but they definitely won the fun!



Securing Tomorrow's Promise: A Comprehensive School Safety Assessment

Safety in schools is crucial for ensuring that students and staff can learn and work in a **nurturing, inclusive and secure environment**. This includes **physical safety**, such as protecting students from violence and accidents, as well as **emotional safety**, such as preventing bullying and promoting mental health. A safe and secure school environment also helps to create a **positive and productive learning environment**, where students can focus on their studies and achieve their full potential. Additionally, providing a safe and secure school environment can also help to build **trust and engagement** between the school and the community.

SISC is conducting a **School Safety Check-up** through this simple survey. We are sending a **school safety checklist** to hear the voices of our students, parents, teachers and staff about how they perceive the safety in our school.

Please answer this **school safety checkup** as honestly as you can. Rate the following components with 5 as the highest and 1 as the lowest.

School Safety Check-Up Survey A.Y. 2024-2025

Distinguished K-12 Alumni of Southville International School and Colleges

At Southville International School and Colleges (SISC), our alumni are a testament to the institution's commitment to nurturing excellence, leadership, and service. Among our distinguished K-12 graduates are **Teresita Ssen "Winwyn" Marquez, Joie Genesse N. Derama, and Dr. Roberto A. Razo II**, each excelling in their respective fields and making impactful contributions to society.

Teresita has built a remarkable career with over 10 years of experience in the entertainment industry and community advocacy. As the Reina Hispanoamericana 2017 Titleholder, she was the first Filipina and Asian to win this prestigious title. She also excelled as an actress, winning Best Actress for Feature Film (Nelia) at the 2022 International Film Festival in Manhattan, New York. Beyond the screen, Teresita has dedicated herself to advocacy, co-leading pandemic response initiatives, and founding charitable efforts such as feeding programs and disaster relief. A proud Philippine Marine Reservist, she has also been recognized for her excellence in physical fitness.

Her participation in youth and women empowerment programs reflects her passion for inspiring the next generation, making her an active contributor to the Southville community and a role model for students.



*Teresita Ssen "Winwyn"
Marquez*

(Class of 2008)

**International Beauty Queen, Actress,
Dancer, Host, and Community
Advocate**



Joie Genesse N. Derama
(Class of 2012)
Municipal Mayor, Boljoon, Cebu

Joie has established himself as a transformative public servant with a decade of experience in public service and business management. Elected as the Municipal Mayor of Boljoon, Cebu in 2022, Joie ran uncontested, a clear indication of the trust and support he commands. His leadership has led to significant improvements in essential services, including water supply and waste management, while also spearheading sustainable development projects that focus on tourism and agriculture.

Joie's commitment to preserving Boljoon's cultural heritage while implementing modern practices demonstrates his visionary leadership. His journey from Punong Barangay to Municipal Mayor, grounded in the values he learned at Southville, serves as an inspiring example for future leaders.

With over 12 years of experience in the medical field, Dr. Roberto Razo has become a respected figure in the healthcare community. He serves as an Active Consultant in Adult Medicine at De La Salle University Medical Center and holds the prestigious position of President of the Philippine Society of General Internal Medicine. His key achievements include chairing the Task Force for Clinical Practice Guidelines on Animal Bites, contributing to the Philippine COVID-19 Living Clinical Practice Guidelines, and co-authoring the PCP Textbook of Internal Medicine.

Dr. Razo is also deeply involved in education, mentoring future doctors as a member of the Residency Training Committee at De La Salle Medical and Health Sciences Institute. His leadership in strengthening primary healthcare in internal medicine reflects his dedication to improving healthcare services in the Philippines.



Dr. Roberto A. Razo II
(Class of 2004)
Active Consultant, De La Salle University Medical Center; President, Philippine Society of General Internal Medicine

These distinguished alumni—Ms. Wynwyn, Mayor Joie, and Dr. Roberto—are shining examples of the spirit of Southville Monarchs. They continue to make their mark on the world, demonstrating excellence, leadership, and a deep commitment to service. Their stories inspire us all to pursue our passions, make meaningful contributions, and lead with integrity in whatever path we choose.

SISC Class Cancellation and Learning Mode Guidelines

Please refer to the attached infographic for guidance on class cancellations announced by Malacañang, local governments, or PAGASA. This resource is provided for your easy reference and understanding.

- If Malacañang announces the cancellation of classes, SISC will cancel classes for all levels. All students will shift to asynchronous learning by accessing their course materials on MOODLE.
- If local governments announce class cancellations due to rainfall warnings or storm signals, SISC will follow these guidelines:
 - Yellow rainfall warning and/or Signal No. 1: No onsite classes, but VOLT classes will be available.
 - Orange and Red rainfall warnings and/or Signal Nos. 2 or 3: No onsite classes. All students will shift to asynchronous learning mode.

Thank you for your cooperation and understanding.

**K12 and IB
AUTOMATIC CLASS SUSPENSION**

**No Onsite
Asynchronous Class
will be implemented**

RAINFALL WARNING

YELLOW NO ONSITE VOLT Available	ORANGE NO ONSITE Asynch only	RED NO ONSITE Asynch only
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STORM SIGNAL WARNING

Signal #1 NO ONSITE VOLT/Asynch Available	Signal #2 NO ONSITE Asynch only	Signal #3 NO ONSITE Asynch only
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BE GLOBAL. BE AMAZING. BE SOUTHVILLE.

In the event of a late announcement by the government regarding the cancellation of onsite classes, the following staggered dismissal schedule will be observed:

Preschool to Grade 2: 11:00 AM
Grades 3-6: 12:00 PM
IB: 12:30 PM
Grades 7-12: 1:00 PM

All afternoon onsite classes will be canceled.



SOUTHVILLE
GLOBAL EDUCATION NETWORK

AROUND SGEN

Issue No. 5 | October 22, 2024

SISC Top Officials Attend International Higher Education conference



Southville International School and Colleges (SISC) **President, Dr. Jocelyn Tizon**, and **Chief Technology Officer, Mr. Rex Wallen Tan**, joined the **20th International Association of University Presidents (IAUP) Conference** held in Beijing, China from October 13 - 15, 2024. With the theme **"Generative AI and the Future of Higher Education,"** the conference highlighted the **transformative power** of artificial intelligence to **support and advance** student success in higher education.

The event drew **university presidents** and **education experts** from around the world who discussed **emerging trends and challenges** in higher education vis-à-vis AI's potential impact on teaching, research and student outcomes. The **SISC officials** exchanged professional experiences, best practices and strategic insights with other chief executives, underscoring the school's commitment to meaningful international **collaboration and leadership** in education.

Social-Emotional Learning (SEL) Corner

FUN WAYS TO TEACH CHILDREN ABOUT SUSTAINABILITY

1 Read **Storybooks** about the environment

2 **Recycle** the right way

3 **Composed** garbage

4 **Talk** about sustainability at home

5 **Homemade** laundry products

6 **Repurposing** and upcycling

7 **Homemade** art

8 **Homemade** instruments

9 **Make your own** seed paper

10 **Be outside** as much as possible

11 **Collect** rainwater

12 **Plan and plant** a garden

13 **Make a** compost bottle

14 **Plant** a tree

15 **Create** a worm farm

16 **Create your own** greenhouse

17 **Clean up** local parks and playgrounds

arte viva.
child safety



Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly scan the **QR code** to the right or click the **link** below:

[*Acknowledgement Form*](#)

Marie Vic F. Suarez, PhD
Principal, K12 and IB

K12 and IB Bulletins

NURTURING the **5Cs** through
Academic Rigor, with GRIT and a
GROWTH MINDSET

STAR Campus
136 Elizalde St., BF Homes,
Parañaque City, Philippines
Tel. Nos. 88428811

Munich Campus
Munich St. corner Tropical Avenue,
B.F. Homes International, Las Piñas City
Tel. Nos.: 8825-6374 Loc 208

Luxembourg Campus
1281 Tropical Ave. Cor. Luxembourg St.,
BF International, Las Pinas City, Philippines
Tel. Nos. 8825-6374 Loc 100 / 327

BE GLOBAL. BE AMAZING. BE SOUTHVILLE

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SGEN HEALTH ADVISORY

Medical Department



Issue No. 06

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COMMON COLD

A cold is triggered by several viruses that cause inflammation in the membranes lining the nose and throat. More than 200 different viruses can lead to a cold, but rhinoviruses are responsible for the majority of cases.

The common cold is highly contagious. It is primarily transmitted through airborne droplets expelled when an infected person coughs or sneezes. Others can inhale these droplets.



Common Cold Symptoms



Stuffy, runny nose



Scratchy, tickly throat



Sneezing



Watering eyes



Slight achy muscles and bones



Headache



Watery discharge from nose that thickens and turns yellow or green



Low-grade fever



Mild hacking cough



Prevention



- Wear a well-fitted face mask.
- Avoid close contact with people who have a cold, especially during the first few days when they are most likely to spread the infection.
- Wash your hands after touching someone who has a cold, after touching an object they have touched, and after blowing your nose. If a child has a cold, wash his or her toys after play.
- Keep fingers away from your nose and eyes to avoid infecting yourself with cold virus particles you may have picked up.
- Boost your immune system.



Health Tips



Consult your doctor for any medication



Get plenty of rest



Stay hydrated by drinking plenty of fluids



Warm steam inhalation



Use saline nasal spray or drops as prescribed



Use a clean humidifier or cool mist vaporizer



Use lozenges as prescribed (not for children under 4 years old)



Use honey to relieve cough (must be at least 1 year old)

“Stop Cold, Elevate Your Well-being”



References:

- American Lung Association
- John Hopkins Medicine
- Cleveland Clinic

