



STUDENTS AND PARENTS' BULLETIN

SOUTHVILLE INTERNATIONAL SCHOOL AND COLLEGES

MONARCH DIPLOMATS TRIUMPH AT ATENEO MUN 2025

Southville International School and Colleges continues to make its mark in the global arena as its students showcased exceptional diplomatic and public speaking skills at the Ateneo Model United Nations (Ateneo MUN) 2025, held from February 20 to 22.

Among the standout delegates were Blaise D'Aran, who earned an Honorable Mention, and Hwa Fei Tan, who was awarded Best Delegate—a testament to their dedication, critical thinking, and mastery of international relations.

Vision

Southville International School and Colleges is recognized nationally and globally in the delivery of international education to develop lifelong learners, excellent in academics and values, and movers of society who will make a difference in the 21st century.



Mission

SISC is committed to develop lifelong learners who are equipped with the 5Cs (Competence, Character, Commitment to Achieve, Collaboration, Creativity, and Innovation) through data-driven and technology-enhanced educational programs to ensure student success in the 21st century.

Their success is a reflection of Southville’s commitment to its Programs of Excellence in Communication, Financial Literacy, and Technology, which equip students with the skills to think critically, speak persuasively, and engage effectively in global discussions. The Monarchs' impressive performance reinforces the school’s mission of developing future world leaders.

Congratulations to our outstanding delegates for their well-deserved recognition!



GEOFF PAROLE SHINES AT LANGOY PILIPINAS 2025

Geoff Parole of 2-Archimedes made waves at the Langoy Pilipinas 2025 swimming competition held at the Marikina Sports Center on February 16, 2025. Competing in the 7-year-old category, Geoff delivered an outstanding performance, securing multiple podium finishes across various events.

He clinched three gold medals in the 50M Freestyle, 25M Freestyle, and 25M Fly, demonstrating his speed and skill in the water. He also earned a silver medal in the 25M Backstroke and a bronze in the 25M Breaststroke, showcasing his versatility across different strokes.



IXL REPORTS HELP PARENTS MONITOR STUDENT PROGRESS

IXL, the personalized learning platform used by Southville International School and Colleges (SISC), has released its latest IXL Analytics Report which shares how students are performing and working towards their academic goals. The report shows how well they have answered questions and practiced skills in Math, English and Science on the online practice tool, and identifies areas for improvement.

Parents and guardians likewise receive email reports of what their children and wards are up to and how they are doing with the app so they'll be in-the-know on how their learners are progressing. Please check your children's IXL Analytics Report in your inbox to keep track of their overall student progress and ensure the best outcome for them in school.



WEEKEND PROGRAMS EXTEND ENLISTMENT

The **Worthwhile Weekend Program (WWP)** is extending enrollment for its second run this 2025. The WWP is SISC's offering for students and other interested parties who may want to put their Saturdays into good use by learning new skills in fun and interesting ways.

For the sports-minded, there are sessions in Archery, Basketball, Chess, Fencing, Karate-Do, Soccer, Taekwondo, and Volleyball. In the performing arts, there is Ballet, Piano and Modern Dance, and Painting in arts.

Register at <https://forms.gle/mHte5kehcsGvX6a2A>. There should be a minimum of 5 students to open a class.

ENROLL NOW!

WORTHWHILE WEEKEND

Programs

- Modern Dance
- Piano
- Ballet
- Fencing
- Basketball
- Soccer
- Taekwondo
- Archery
- Karate
- Chess
- Volleyball
- Arts: Painting

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SISC HOSTS OPEN HOUSE FOR COLLEGE-BOUND SENIOR HIGH SCHOOL STUDENTS

After the term exams, Senior High School students are invited to join the Beat the Heat: Southville Summer Fest Y3 and witness the ultimate Battle of the Bands! The event will happen on March 15, 2025 at Luxembourg Campus with free food, carnival games, college campus tours, and many more fun activities.

Show your support for your schoolmates, cheer for your favorite performers, and know more about the college programs of SISC, Southville International School affiliated with Foreign Universities SISFU, South SEED-LPDH College (SSLC) and Asian SEED Academy of Technology (ASAT). Take advantage of the free Scholarship Exam to pursue your college education at no cost!

BEAT THE HEAT: SOUTHVILLE

SUMMER FEST Y3

COLLEGE OPEN HOUSE
March 15, 2025 | 8am onwards

- SISCAT (Admission Test)
- Scholarship Examination
- Campus Exploration
- Carnival Games
- Battle of the Bands
- Free Food

EVENT REGISTRATION

BAND REGISTRATION



SGEN COMMUNITY SPREADS CHRISTMAS JOY TO FAMILIES IN BINDOY, NEGROS ORIENTAL

The **Southville Global Education Network (SGEN) for Others** brought warmth and joy to families in Bindoy, Negros Occidental by providing them with Noche Buena Packages. Through the generosity of SGEN employees, students, and parents, they were able to celebrate a meaningful and festive holiday season.

The Noche Buena Package Project is part of SGEN's continued commitment to the Bindoy Community — rebuilding homes in 2022, providing toys and clothes for children in 2023, and now sharing the spirit of Christmas through food assistance in 2024. This event was a true testament to the power of collective generosity and compassion.

Our Heartfelt Thanks Go to Our Generous Donors:

Dodo Family <i>Barbara Reyes Dodo</i> <i>Eimi Dodo</i>	Borres Family <i>Aireen Borres</i> <i>Raeven Alex Joaquin Borres</i> <i>Timothy Borres</i>	Garner Family <i>Ian Garner</i> <i>Lizzie Garner</i> <i>Leah Anne Garner</i>
Gevana Family <i>Angelito Gevana</i> <i>Jiovina Gevana</i> <i>Amaris Gevana</i>	Lumibao Family <i>Christine Eryn Lumibao</i> <i>Emmanuel Reuben Lumibao</i>	Mostue Family <i>Lhany Mostue</i> <i>Ruth Ann Mostue</i>
Mittal Family <i>Mayank Mittal</i> <i>Aariana Mittal</i>	Pingkian Family <i>Thesz Pingkian</i> <i>Theresa Keith Pingkian</i>	Hourani Family <i>Janet Hourani</i> <i>Christina Hourani</i>
Gomez Family <i>Arnol Gomez</i> <i>Maria Rosell Gomez</i> <i>Samantha Angela Gomez</i>	Hjartnes Family <i>Kjell Hjartnes</i> <i>Klowie Nichole Hjartnes</i>	Barrett Family <i>Tarik Barrett</i> <i>Tala Eliana Barrett</i>
Lapitan Family <i>Kichie Lapitan</i> <i>Zyanna Zofia Lapitan</i>	Dayo Family <i>Anne Claudine Dayo</i> <i>Josias Caesar Dayo</i>	Regencia Family <i>Renato Regencia</i> <i>Renan Ross Regencia</i>
Teoh Family <i>Keith Teoh</i> <i>Nathalie Teoh</i> <i>Shawn Teoh</i>	Maristela Family <i>Belinda Maristela</i> <i>Eliger Maristela</i>	Sanchez Family <i>Hazel Sanchez</i> <i>Gavin Sanchez</i> <i>Venice Sanchez</i>
Vaz Family <i>Bheng Vaz</i> <i>Katrina Vaz</i>	Racquel Pascual <i>Antonio Sevilla</i>	A humble servant of God A Junior humble servant of God God
Esperanza Maullon <i>Reiko Butaya</i>	Layla Chua	Lucas Christopher Rodriguez
Alma Cala <i>Marlon Miguel Buenviaje</i>	Deepika Ahuja <i>Sia Sharma</i>	Angela Pacleb
Dominic Javier	Rolly Donato	Abegael Labradores
Anthony Laurence Blanca	Anrica Baroja	Mersheil Balela
Michelle Abarillo	Sheryl Lynne Manalo	Marie Ann Mirando
Gladys Mintu	Zendel Ann Zuñiga	Amancio Violado Jr.
Daniel Steel	Raquelyn Nuñez	Mylyn Botalon
Rachel Chua	Anonymous	Elysha Trixinne Silangan

Your kindness and support have made a real difference in the lives of many. Thank you for being a part of this meaningful mission. Together, we continue to spread hope, love, and the true essence of Christmas.





MONARCHS MOMENTS

STAR CAMPUS

“ Hands-on innovation! Young Monarchs explore the world of robotics with RoboThink Philippines at Learning Village. ”



MONARCHS MOMENTS

MUNICH CAMPUS

“

Fueling Innovation: Entrepreneurship Day at Munich Campus!

”



MONARCHS MOMENTS

LUX CAMPUS

“ Students are hard at work on their projects and studying for the 2nd term exams. The atmosphere is buzzing with energy and determination. ”



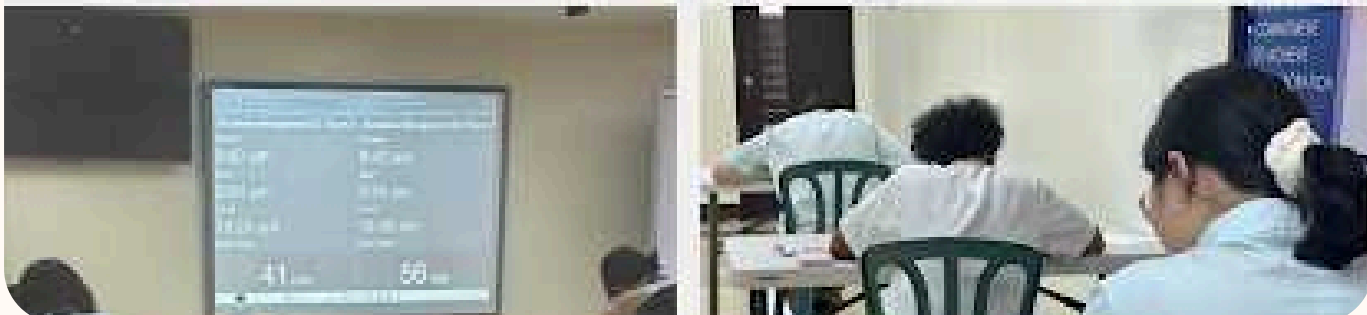
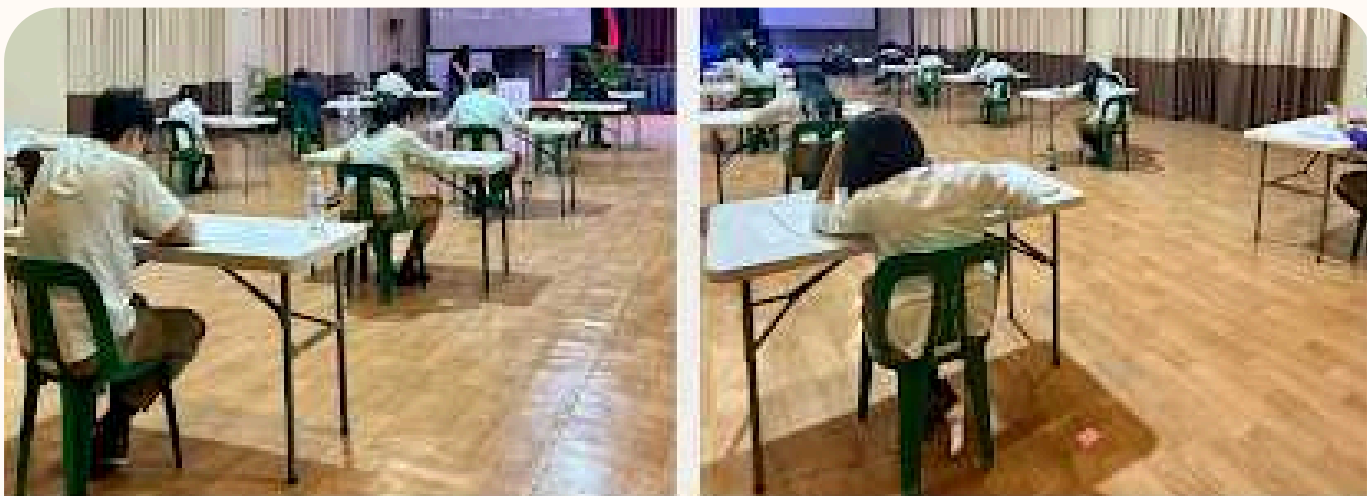
MONARCHS MOMENTS

IB CAMPUS

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The IB 1 Term Exams are underway from March 4 to 11, while the IB 2 students take on their Mock External Exams from March 4 to 21. Best of luck to all the Diploma candidates!

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SOCIAL-EMOTIONAL LEARNING (SEL) CORNER

EXPERT TIPS FOR STAYING ORGANIZED IN SCHOOL

1. GET INTO A ROUTINE

Establish a weekly schedule with set homework time blocks. Adjust your routine as needed for unexpected events to stay on track.

2. SET RULES FOR YOURSELF

Create personal deadlines, such as finishing projects early or studying in advance, to avoid last-minute stress.

3. WRITE EVERYTHING DOWN

Record all assignments, test dates, and details to avoid forgetting and help you stay organized.

4. SET YOUR OWN DEADLINE

Set personal deadlines ahead of the actual due date to allow extra time and reduce last-minute stress.

5. DON'T MULTITASK

Focus on one task at a time, as multitasking can make you less efficient and take longer.

6. USE TOOLS TO STAY ORGANIZED

Utilize planners, backpacks, pencil pouches, folders, and notebooks to keep all materials and assignments in order.

7. USE A PLANNER

Use a planner to track all assignments, due dates, and obligations, and color-code for better organization.

8. TAKE ORGANIZED NOTES

Use methods like Cornell or mind mapping to organize notes for easier understanding and review.

9. COLOR-CODE AND LABEL EVERYTHING

Color-code materials for each subject and label items to ensure everything has a designated spot.

10. BREAK DOWN BIG TASKS INTO SMALLER ONES

Divide large tasks into smaller, manageable parts to prevent feeling overwhelmed and stay on schedule.





AROUND SGEN

SSISM Recognized as Sole School of Character in the country



Stonyhurst Southville International School - Malarayat (SSISM) has been named School of Character by Character.org, an award bestowed to only eight international schools from more than 200 applications worldwide. It is the only school in the Philippines given this award by the U.S.-based organization and advocate for character development in schools and communities.

Each year, Character.org certifies schools that demonstrate a "dedicated focus on character development which has a positive effect on academic achievement, student behavior, and school climate." This places SSISM among a select group of schools globally that go beyond academics to shape compassionate and responsible leaders.

STARS, HEARTS, AND LAURELS: ALUMNI ACHIEVERS SPOTLIGHT

Welcome to our **"Alumni Achievers Spotlight"** – a dedicated corner where we celebrate the remarkable accomplishments of our former students. Our alumni have gone on to achieve great success in various fields, serving as a source of inspiration for current students and parents alike. In this space, we will share their inspiring stories, achievements, and the valuable lessons they've learned on their journey from our school to their dreams. Join us in celebrating the excellence of our alumni and discover the limitless possibilities that await our current students.



Sometimes fear does not subside and you must do it afraid

One advice I can give to my fellow Monarchs is to do things afraid. "Sometimes fear does not subside and you must do it afraid" a quote I came across while I was in the university. In exploring new ventures, it is natural to feel intimidated and anxious. But that just means you are growing. You would rather show up than get stuck in the thought of your what if.

CAMILA IZAVELLE CUENCA

K12 Alumna | Batch 2020 STEM

Registered Rpm and Certified Human Resource Associate



YOUR VOICE MATTERS: SHARE YOUR FEEDBACK HERE



Customer Satisfaction Survey

Our Public Relations Office has created a survey tool available to all parents, students, and stakeholders of Southville International School and Colleges. Simply scan the QR code below to share your concerns, commendations or suggestions.

Kindly scan the QR code.

Please acknowledge that you received the e-bulletin. Acknowledgment of this email won't require you to submit reply slips. Kindly scan the QR code to the right or click the link below:



[Acknowledgement Form](#)

Marie Vic F. Suarez, PhD
Principal, K12 and IB

To view the previous SPBs, please click the button below:

[K12 and IB Bulletins](#)

HEAT EXHAUSTION

Heat exhaustion is a condition when the body overheats in response to excessive loss of water and electrolytes in the body. Left untreated, heat exhaustion can lead to heat stroke.

SYMPTOMS

- ✓ Nausea or Vomiting
- ✓ Dizziness
- ✓ Fatigue
- ✓ Headache
- ✓ Muscle Cramps or Weakness



PREVENTION

- ✓ Drink plenty of water
- ✓ Avoid staying outdoors between 10am to 4pm
- ✓ Use hats, umbrellas and sunblock
- ✓ Wear loose, lightweight clothing

FIRST AID

- ✓ Stop all activity and rest
- ✓ Move to a cool and well-ventilated area
- ✓ Sip cool water or sports drinks frequently
- ✓ Put cold compress of wet cloth on head, face and neck



Get medical help right away if:

- there are symptoms of vomiting multiple times
- the symptoms get worse
- the symptoms last for more than 1 hour

“Beat the **HEAT**, stay **HYDRATED!**”

References:

 <https://www.who.int/news-room/fact-sheets/detail/heat-related-health>
<https://www.cdc.gov/nceh/topics/heatstroke/heatstroke.html>
<https://www.nhs.uk/conditions/heat-exhaustion/symptoms-causes/tips-20220205>
<https://doh.gov.ph/press-releases/doh-warns-against-heat-stroke/>

